

かがわマラソン2026

KAGAWA MARATHON

Participation Guide

MARATHON

Event Schedule

	Program	Time	Venue
March 14, 2026 (Saturday)	Runner Check-in (Marathon Only)	10:00 am – 7:00 pm	Anabuki Arena Kagawa (Sub Arena 1F)
	Kagawa Marathon EXPO 2026		Anabuki Arena Kagawa (Main Arena 2F) Outdoor Square / Decks Galleria
March 15, 2026 (Sunday)	Runner services begin (Baggage drop-off and changing areas open)	8:00 am –	
	Marathon starting block lineup begins	9:00 am – 9:45 am	
	Marathon starts	10:00 am	
	Kagawa Marathon EXPO 2026 opens	10:30 am	
	Takamatsu Fun Run (3 km) starts	10:30 am	
	Takamatsu Fun Run (1 km) starts	11:30 am	
	Awards Ceremony	2:00 pm	Main Arena 1F Special Stage
	Marathon and Kagawa Marathon EXPO 2026 finish	4:00 pm	

かわがで、よーい、うどん！

Date and Time / Venue

Please note that there will be no runner check-in on race day.

Date and Time March 14, 2026 (Saturday) 10:00 am – 7:00 pm

Final admission: 6:30 pm *Check-in will be temporarily closed from

2:15 pm to 2:45 pm

Check-in is not available outside the designated hours,
so please allow ample time when visiting the venue.

Venue

Anabuki Arena Kagawa (Sub Arena 1F)

If unavoidable circumstances make it necessary, proxy check-in will be accepted. In such cases, please prepare the following documents and visit the help desk inside the check-in venue.

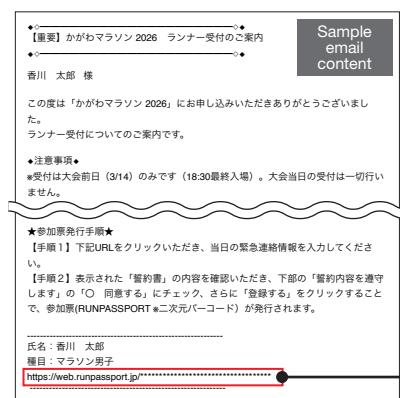
① Participation voucher (RUN PASSPORT) ② Copy of the participant's personal identification ③ Personal identification of the proxy (original only)

If you are completing proxy check-in for multiple participants, please rejoin the appropriate line each time.



● What to Bring

- Personal identification (copies not permitted)
- Passport / Residence card
- Participation voucher (RUN PASSPORT)



Please click the URL provided in the advance email and display your participation voucher on your screen.

The notification email will be sent to the email address registered with RUNNET.

*For group or family entries, notification emails for all participants will be sent to the representative's email address. The representative is asked to forward them to each member.

Click this URL to access the participation voucher display page.

An email containing your participation voucher will be sent. If you do not receive it or have deleted it, you can also access it using the URL or QR code below.



QR code for participation voucher display

URL▼

<https://web.runpassport.jp/helpdesk/15570/b392d9e5f1c21c91c3ae00454b10a070b0d60239>

○ To display your participation voucher, the following information is required:

① Email address ② Date of birth



Example image



Participation voucher example

If you are using a smartphone, please present the participation voucher displayed on your screen at check-in.

If you do not have a smartphone, please print the participation voucher and present it at check-in.

*QR Code is a registered trademark of DENSO WAVE INCORPORATED.

● What to Receive

Athlete bibs set

■ Athlete bibs



*Runners in the registered category will be issued with two bibs. Be sure to attach them to your chest and back.

■ Kagawa Marathon baggage tag



■ Timing chip

The timing chip is attached to the back of the front athlete bib. Do not remove it. The chip will not be collected after the race.

■ Safety pins

- Registered category: 8 pins
- General category: 4 pins

Participation prize



Original chopsticks



Participation prize T-shirt

● Procedures for Participants Who Withdraw

Participants who withdraw but wish to receive the participation prize should contact the Kagawa Marathon Secretariat after the event. The prize will be sent with shipping charges paid by the recipient.

Half & Full Marathon Finish Challenge

Participants who entered the 78th Kagawa Marugame International Half Marathon, held on February 1, 2026, will receive an original tote bag. Please visit the designated desk inside the check-in venue (Sub Arena). *As proof of entry, please present one of the following: your RUNNET entry history, a web finisher certificate, or your athlete bib. Documents may be presented either on a smartphone screen or as a printed copy.



Baggage Drop-off and Changing Clothes

Date and Time 8:00 am – 9:35 am
(baggage pick-up open until 4:30 pm)

Men: Outdoor Square Underground Parking (B1F, B2F)

Women: Anabuki Arena Kagawa Sub Arena (baggage drop-off) / Martial Arts Hall (changing area)

Important Information

*Both baggage drop-off and pick-up are done in the same location.
*Please attach the Kagawa Marathon baggage tag to your baggage when handing them over at the drop-off area.

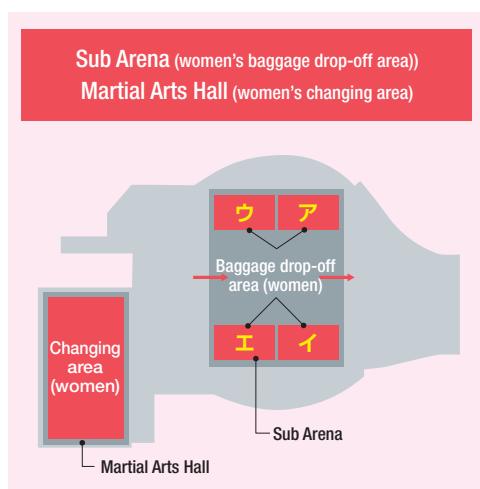
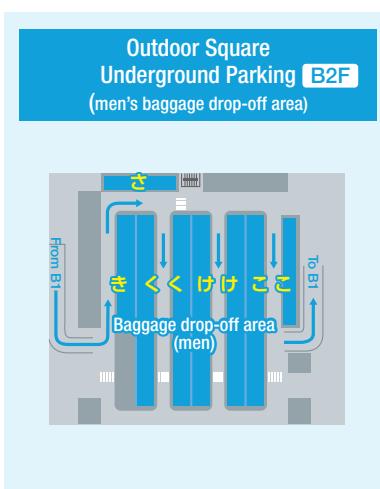
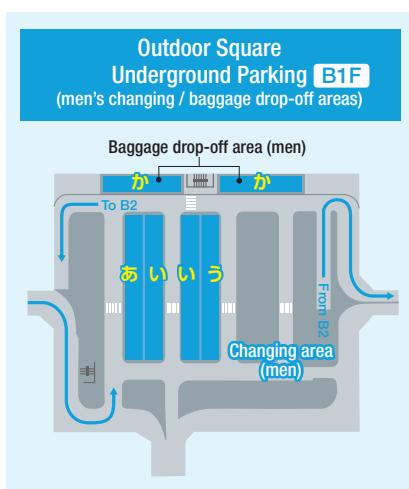
*Please combine all your belongings to be dropped off in one bag only.

*Runners must show their athlete bibs when dropping off and picking up baggage.

*Valuables, breakables, plants and animals, long umbrellas, dangerous articles, etc. will not be accepted.



★ Please show your athlete bibs. (Runner's area)



Care Station

Operating Hours

● 8:00 am–9:30 am (last check-in: 9:00 am) ● 12:00 pm–5:00 pm (last check-in: 4:30 pm)

*If you plan to use the care station before the start, please complete changing and baggage drop-off beforehand.

Warmup area (8:00 am – 9:30 am)

*Please complete changing and baggage drop-off before proceeding along the route below.

Starting Block Lineup

The letter printed on your athlete bib indicates your assigned starting block. Please line up in your designated block. If you arrive after the lineup time, you will be required to start from the back.

*Please note that excessive lateness will result in disqualification.

Lineup Time

9:00 am – 9:45 am

Starting Blocks



Course Map

かがわマラソン
KAGAWA MARATHON 2026



Possible Interruptions

If emergency vehicles must pass through the course due to an accident, fire, or the transport of injured or ill individuals, or if a nationwide instantaneouse warning system (J-Alert) alert is issued in areas including Takamatsu City and Ayagawa Town, runners will be required to temporarily stop running in accordance with instructions from event staff.



Checkpoints

If you do not pass the checkpoint by the designated closing time, you will be withdrawn from the race. Please follow staff instructions, promptly move onto the sidewalk, and board the sweep bus waiting at the checkpoint or the final sweep bus.

Name	Distance (km)	Closing times
Checkpoint ①	5.3	10:59 am
Checkpoint ②	13.3	12:04 pm
Checkpoint ③	16.5	12:30 pm
Checkpoint ④	21.1	1:08 pm
Checkpoint ⑤	26.2	1:50 pm
Checkpoint ⑥	30.7	2:27 pm
Checkpoint ⑦	33.7	2:51 pm
Checkpoint ⑧	38.1	3:27 pm
Checkpoint ⑨	41.6	3:56 pm

*The race time limit is measured from the starting gun. The final runner may take approximately 15 minutes to cross the start line after the gun sounds.

*For traffic control, security, and race management purposes, checkpoints will be closed as indicated above. In addition, even before a checkpoint's closing time, runners who are significantly delayed and unable to reach it by then may be instructed to stop. Furthermore, even after passing Checkpoint ⑨, runners whose finish time is significantly delayed and deemed by the organizers to interfere with race operations may also be instructed to withdraw.

*Checkpoint locations and closing times are subject to change.



Water and Food Stations

- Sports drinks and water are available at all water stations. Regardless of weather conditions, please hydrate regularly during the race to help prevent dehydration.
- Please dispose of paper cups, food waste, and other trash in designated trash bins. Do not discard items on the course.
- The organizers assume no responsibility for water or food provided outside the listed water stations.

Water	Distance	Udon noodles broth	Food
Water Station 1	5.3km		
Water Station 2	8.1km		
Water Station 3	10.9km	○	Kyuman (Manju sweets), Bananas
Water Station 4	13.3km		Sanuki Sugar Butter pie (Pastry), Quattro ebi cheese (Shrimp cracker)
Water Station 5	15.1km		Strawberries
Water Station 6	18.4km		Soy sauce beans, Salt tablet candy
Water Station 7	21.1km	○	Kogawara senbei (Tile-shaped sweet cracker), Imuraya Sports Yokan
Water Station 8	24.0km	○	Schau Essen sausages, Hane Sanuki (Sanuki Wasanbon sugar)
Water Station 9	26.3km		Bananas
Water Station 10	29.6km		Sanuki Sugar Butter pie (Pastry), Sanuki frozen (frozen fruit)
Water Station 11	33.7km	○	Takara (Manju sweets), Jello, Salt tablet candy
Water Station 12	36.0km	○	Kamado pie (Pastry), Jello
Water Station 13	39.2km		Financier / soy sauce beans

*There is limited availability of udon noodles and other food for runners. As stocks run out they will no longer be distributed, so please consider runners after you.



Toilets Along the Course

	Distance from Start	Course Direction
1	1.6km	
2	3.1km	
3	5.3km	Left
4	7.0km	Left
5	8.7km	Left
6	10.9km	Left
7	13.3km	Left
8	15.1km	Left
9	16.5km	Left
10	18.4km	Left
11	20.1km	Left
12	21.1km	Left
13	24.0km	Left
14	26.2km	Left
15	26.3km	
16	27.9km	
17	29.6km	
18	30.7km	Left
19	33.7km	Left
20	36.0km	Left
21	38.1km	Left
22	39.4km	Left



Special Udon Noodles Zone

● 15.4km

Single-bite udon noodles servings will be provided.

[Participating shop]

Tamayoshi Udon

● 26.3km

Udon noodles from multiple shops will be provided.

[Participating shops]

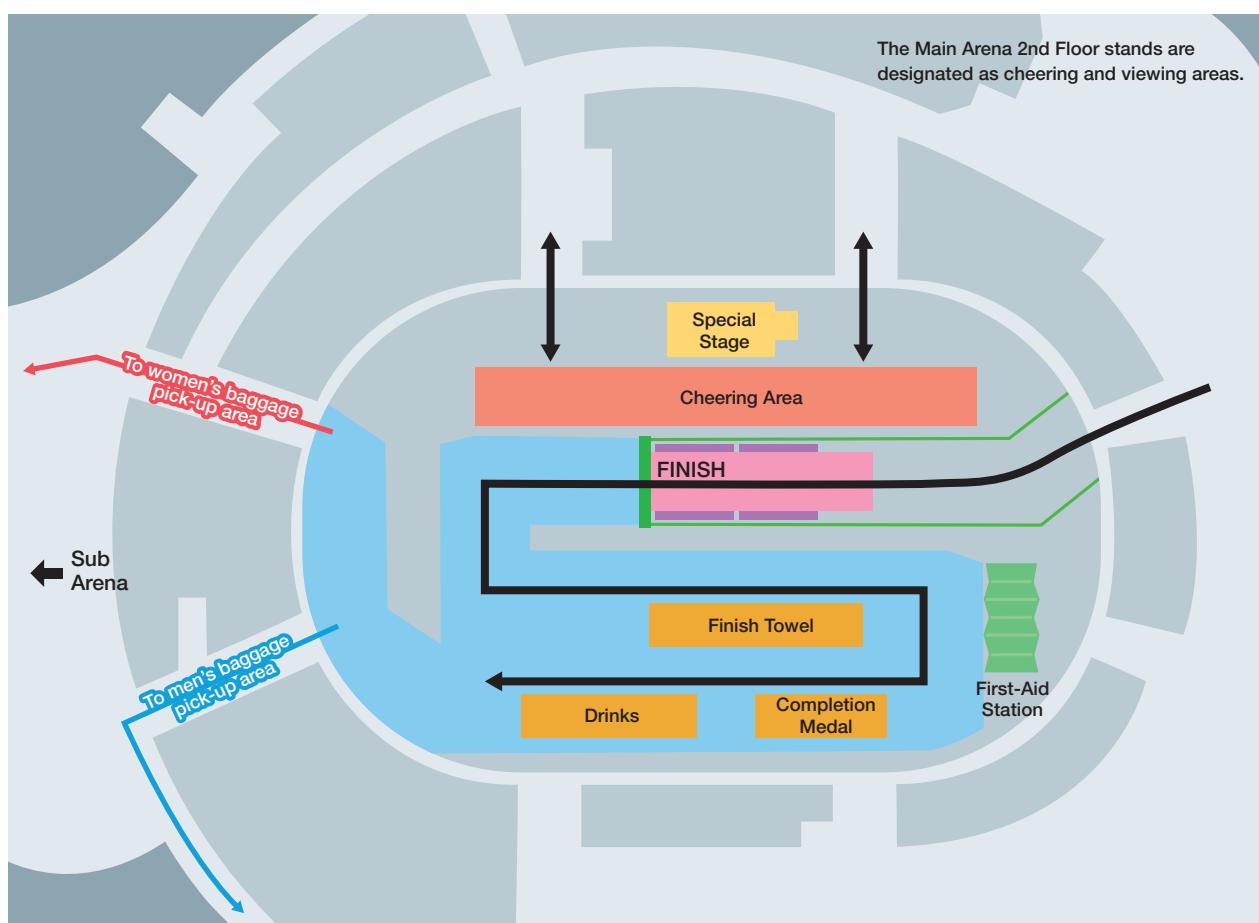
Kodawari Menya, Sanuki Menki, Shimizuya, Nakano Udon School (Takamatsu Campus), Hanamaru Udon, Marugame Seimen (listed in Japanese alphabetical order)



Kagawa Event Support Team

The Kagawa Marathon aims to showcase the full appeal of Kagawa and create an event that everyone can enjoy. In addition to runners, volunteers and spectators along the course will also be able to enjoy the event, with a variety of performances such as live music and dance helping to energize the race atmosphere.

Floor Map (Main Arena) 1F



Records and Awards

Records

- (1) Race times are measured using timing chips.
- (2) Both gross time (measured from the starting gun) and net time (measured from crossing the start line) are recorded.
- (3) Overall rankings are determined based on gross time.
- (4) Age-category rankings are determined based on net time.

After the race, participants can create and download a web-based record certificate from the official event website. Paper certificates will not be issued. Provisional individual results can also be viewed on the official website.

Awards Ceremony

<Marathon (42.195km)>

- (1) Overall Awards will be presented to the top 1st through 8th finishers in both the men's and women's divisions (based on gross time).
 *A prize of 1,000,000 yen will be awarded to the overall winner in each of the men's and women's divisions.
 (Eligibility limited to athletes registered with the Japan Association of Athletics Federations.)
 *Award ceremony will start at 2:00 pm on race day.
- (2) Age Categories Awards will be presented to the top 1st through 3rd finishers in each 10-year age category for both men and women (based on net time).
 (Ages 29 and under, 30s, 40s, 50s, 60s, and 70 and over)
 *Excludes athletes eligible for overall awards.
 *Only the overall awards ceremony will be held. Age-category award certificates will be sent at a later date.
 *Ages are determined as of race day.

Weather and Temperature Information (For Reference)

	2025				
	Mar. 9 (Sun.)	Mar. 15 (Sat.)	Mar. 16 (Sun.)	Mar. 17 (Mon.)	Mar. 23 (Sun.)
Weather	Sunny	Cloudy, then rain	Rain, then cloudy	Sunny	Sunny
High Temperature (°C)	13.3	9.4	9.6	10.8	24.8
Low Temperature (°C)	0.5	7.9	6.1	4.1	16.1

<https://tenki.jp/past/2025/03/16/weather/8/40/47891/>

	2024				
	Mar. 10 (Sun.)	Mar. 16 (Sat.)	Mar. 17 (Sun.)	Mar. 18 (Mon.)	Mar. 24 (Sun.)
Weather	Sunny	Sunny	Cloudy, then rain	Sunny	Rainy
High Temperature (°C)	11	19.7	15.4	12.6	11.7
Low Temperature (°C)	0	7.7	9.1	7.5	10.5

<https://tenki.jp/past/2024/03/17/weather/8/40/47891/>

	2023				
	Mar. 12 (Sun.)	Mar. 18 (Sat.)	Mar. 19 (Sun.)	Mar. 20 (Mon.)	Mar. 26 (Sun.)
Weather	Cloudy	Rain, then cloudy	Sunny	Sunny, then cloudy	Rainy
High Temperature (°C)	19.8	13.2	17.2	18.6	12.4
Low Temperature (°C)	9.7	8.7	4.2	5	9.8

<https://tenki.jp/past/2023/03/19/weather/8/40/47891/>

Digital Record Certificate

Digital record certificates are available for download.

A digital record certificate including 5 km split times can be downloaded.



Difference between provisional and final results

On race day, rankings are displayed as provisional results. Approximately two weeks after the event, the finalized record certificate will be available for download.

By searching using an athlete bib number or name, you can view 5 km split times and approximate runner locations. This service is useful for tracking the progress of family members and friends. Ouen Navi can be accessed on a PC; however, installing the Ouen Navi app on your smartphone makes it more convenient to use.

*Images shown are for smartphone display reference.

*Records are provisional and provided for reference purposes only.

Information regarding the Event

Final Decision regarding Holding the Event

In the event of circumstances such as severe weather or disaster, a final decision will be made according to the following schedule.

Announcement date / time: 6:00 am on Sunday, March 15, 2026

*Depending on the circumstances, an announcement may be made in advance.

Announcement method: Kagawa Marathon 2026 Official Website

https://kagawa-marathon.com/?stt_lang=en

Kagawa Marathon



Access Sunport, Takamatsu, Kagawa 760-0019

Traffic restrictions will be in effect on race day, so please allow plenty of time and arrive by public transportation or on foot. Pick-up / drop-off, stopping, or parking near the venue may inconvenience other participants and should be avoided.

Train Approximately a 4-minute walk (300 m) from JR Takamatsu Station / Approximately a 4-minute walk (320 m) from Kotoden Takamatsu-Chikko Station

Bus Approximately a 4-minute walk (300 m) from the bus terminal / Approximately a 6-minute walk (450 m) from the highway bus terminal

Boat Approximately a 2-minute walk (160 m) from the ferry terminal / Approximately a 5-minute walk (400 m) from the high-speed ferry terminal

If you plan to use bicycle parking, please use the Symbol Tower Underground Bicycle Parking or the Station Plaza Underground Bicycle Parking. (100 yen per day) *Bicycle parking at Anabuki Arena Kagawa is not available.



Important Notice

There is no parking available for runners near the venue (including Tamamochi Parking and Sunport Takamatsu Underground Parking). Please use public transportation when visiting the event.

Kagawa Marathon Executive Committee Secretariat (Kagawa Prefecture Exchange Promotion Division Marathon Preparation Office)

TEL: 087-832-3867 / FAX: 087-806-0243 / E-mail: marathon@pref.kagawa.lg.jp

Weekdays: 8:30 am–5:15 pm (excluding weekends and public holidays) March 14 (Sat.): 10:00 am–7:00 pm / March 15 (Sun.): 6:00 am–5:00 pm

Health Checklist

A If any one of the following items (1–6) applies to you, please consult your regular physician carefully to determine whether you should participate in the race. Please undergo any necessary examinations or treatment under your physician's guidance. If you decide to participate, you do so at your own risk.

- 1 You have been diagnosed with, or are being treated for, cardiovascular disease (including myocardial infarction, angina, cardiomyopathy, valvular disease, heart failure, congenital heart disease, arrhythmia, aortic aneurysm, etc.).
- 2 You have experienced sudden loss of consciousness (fainting).
- 3 You have experienced chest pain or dizziness during exercise.
- 4 A blood relative has died suddenly due to so-called "cardiac paralysis" (sudden cardiac death).
- 5 You have not had a medical checkup within the past year.
- 6 You are a man aged 60 or older.

B The following items (7–10) are risk factors associated with myocardial infarction and angina. If any apply, please consult your regular physician.

- 7 High blood pressure (hypertension)
- 8 High blood sugar levels (diabetes)
- 9 High LDL cholesterol or triglyceride levels (dyslipidemia)
- 10 Smoking

A regular physician is a trusted doctor who manages your health and physical condition. Please designate a regular physician and consult them regarding medical examinations and race participation.

Pre-Start Checklist

To ensure a safe race, **please assess your physical condition on race day before the start.**

To ensure a safe race, please assess your physical condition on race day before the start. If any one of the following items (1–9) applies, please cancel your participation or proceed with extreme caution.

- 1 You have a fever or feel feverish.
- 2 You are still experiencing fatigue.
- 3 You did not get sufficient sleep the night before.
- 4 You were unable to properly eat or hydrate before the race.
- 5 You have cold symptoms (slight fever, headache, sore throat, cough, runny nose).
- 6 You have discomfort or pain in your chest or back, or experience palpitations or shortness of breath.
- 7 You have abdominal pain, diarrhea, or nausea.
- 8 You consumed more than two alcoholic drinks* the night before.
*Two alcoholic drinks are defined as: 500 mL of beer (5% alcohol), 1 go of sake (15% alcohol), 110 mL of shochu (25% alcohol), 180 mL of wine (14% alcohol), or 60 mL of whisky (43% alcohol).
- 9 You are unable to foresee how you will manage the race.

Source: Prepared by the Medical Committee of the Japan Association of Athletics Federations

⚠️ Precautions During the Race

- Participants registered with the Japan Association of Athletics Federations are not permitted to run in costume.
- Participants who are not registered with the Japan Association of Athletics Federations are prohibited from running while wearing attire inappropriate for a sporting event, attire that may cause discomfort to others or pose a safety risk, or while carrying, wearing, or shouldering large items or long objects exceeding 30 cm in length, such as imitation swords or sticks. In addition, for safety reasons, running with headwear, face paint, or other items that cover the entire face is prohibited. On race day, the organizers may instruct participants to stop competing at their discretion.
- In the event of an accident during the race, only first aid will be provided. Compensation for accidents or injuries occurring during the event will be covered within the scope of the insurance arranged by the organizers, except in cases of intentional misconduct or gross negligence on the part of the organizers.
- Be sure to hydrate regularly during the race.
- If you feel any abnormal physical condition, have the courage to stop the race early.
- A final sprint places sudden strain on the heart and can be dangerous, so please finish the race with adequate margin and control.